

Working safely together on the construction site

SBB rules and regulations





General

Reporting

On your first working day, you must report to the (head) foreman.

Proof of ID

You must always bring valid proof of ID (passport, identity card, foreign national's document) to prove your identity.

Personal protective equipment

You must be in possession of the personal protective equipment required for your work and are obliged to use this equipment where necessary. Within the site, wearing a safety helmet, safety shoes, and reflective clothing is **always** mandatory.

SBB has a sanctions policy in place for failure to use the necessary protective equipment.



Work instructions

At the start of your work, you will receive a project introduction with safety instructions from the (head) foreman. If necessary for the work, you will also receive task-specific instructions.

Safety

If it is necessary to remove the safety device for certain work, this will be done in consultation with the (head) foreman, but only after other appropriate safety measures have been taken.

After completing the work, the safety devices must be reinstated immediately.

You must always immediately follow instructions from the (head) foreman. You are expected to be aware of the risks of your own activities. Prevent risks to others. Workplace inspections are conducted regularly and reported to management.

Order and tidiness

You are responsible for a clean and tidy workplace. At the end of the working day, please dispose of waste in the designated waste containers.

- Keep walkways, scaffolding, stairs and fire extinguishers clear of obstructions.
- Make sure that radios do not cause noise nuisance.
- Taking breaks in the construction areas is not permitted.

Reporting dangerous situations

If you see a dangerous situation on the construction site, you should first take the necessary measures yourself, if possible. Then, report it immediately to the (head) foreman,

Theft

In the event of theft, SBB will report the matter to the police. Your employer will be informed, and you will no longer have access to the construction site.

Smoking

Smoking is prohibited in the site huts, sheds, containers and construction areas.

Parking

You must park in the place indicated by the (head) foreman. Parking is always at your own risk.

High-risk activities

Working with ladders and stepladders

Place ladders on a flat, non-slip surface. Secure the bottom against slipping and also secure the top. Ensure that ladders extend at least 1 metre above the work floor. Ensure the locking/safety bar is engaged when using stepladders.

Transport

Keep transport routes clear of materials and tools. Do not travel in a vehicle that is not equipped for this purpose, i.e., when there are no additional seats. Make sure that the driver can always see you and wear reflective clothing. Never stand underneath the lifting platform or a hoisted load.

Hoisting

You may only carry out hoisting work if you are in possession of a 'Safe Attachment of Loads' certificate.

- Do not load hoisting chains/straps beyond the permitted load.
- Never load hooks on the point.
- Make sure that the sling angle is never greater than 120°.
- Secure long loads (e.g., scaffolding pipes) in such a way that they cannot become loose during hoisting.
- Never stand within the fall range of the load.

Hazardous substances and products

Read the safety data sheet of the product you are working with. This sheet describes the hazards and the protective measures to be taken. Always use the prescribed protective equipment, such as gloves, safety glasses and respiratory protection/mask. Provide adequate ventilation.

Accidents and fires

Make sure you know

- · where the alarm card is kept;
- · where the first-aid kit and AED are kept;
- · where the fire extinguishers are located;
- and who the emergency response officer and first-aider are.

In the event of an accident

- Provide first aid (alert an emergency response officer/first-aider) and prevent the situation from deteriorating.
- · Call 112 and provide the following details:
 - What happened.
 - What kind of assistance is required.
 - Where they need to go.

In the event of a fire

- Alert an emergency response officer. They will try to extinguish an incipient fire.
- The emergency response officer calls 112 or instructs someone to do so. They can also appoint someone to receive the emergency services at the gate.

Evacuation

If evacuation is necessary, you will be informed by an emergency response officer. Follow their instructions regarding the escape route to take.

Assembly point in the event of emergencies

The assembly point is the SBB site huts or a location indicated by the emergency response officer.

The emergency response officer will indicate when the evacuation ends.



NB. Do not go home until the (head) foreman permits you.

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